



Pooncarie Public School

Newsletter 8, Term 2, Week 3

Thursday 14th May 2009

**STRIVE TO
ADVANCE TOGETHER**

Upcoming Events:

- ◇ **Friday 15th May**
Walk safely to school day
- ◇ **Wednesday 20th May**
Quality Sports Day
- ◇ **Wednesday 27th May**
Computer Skills Assessment
- ◇ **Friday 29th May**
Water Bug Survey



PRINCIPALS MESSAGE

Hello everyone, the school has settled in wonderfully this term, the students are very happy and working hard. Congratulations to our Year Three students who completed their National Testing today, I was very impressed with their attitude and efforts.

Regards,
Mrs. Kemp

QUALITY SPORTS DAY

Our Quality Sports Day is fast approaching. The day will be held here at Pooncarie PS and students, teachers and parents from Palinyewah PS will be traveling up to take part.

Scott Umback our Active After School Coordinator is planning to conduct Community Coach Training on the same day for interested parents and community members. If you are interested in participating please see Emma in the office for the appropriate forms.

Also, as we will have quite a few parents from Palinyewah PS attending the Quality Sports Day, Denise Nicholls will be running a Tupperware party on the day as a fundraiser for the P and C.

P AND C NEWS

The P and C will be meeting this afternoon at 3pm to discuss catering for the Quality Sports Day. Please attend if you are able.

WALK SAFELY TO SCHOOL DAY

Friday 15th May will be "walk safely to school day". Please meet Mrs Holgate opposite the General Store at 8.30am and we will all walk together to school.

MEDIA STAR

Congratulations to Ryan, whose Focus Force photograph was published in this month's edition of *Side by Side*, the DET's Newspaper!

CANCER COUNCIL TARGETS JUNK FOOD ADVERTISING

We have been asked to publish the following information from the Cancer Council:

Cancer Council and other public health groups are concerned about the impact of unhealthy food marketing on the health of our children. We know that almost 9 in 10 parents support a ban on advertising of healthy foods at times when children are watching television. Our new campaign encourages parents and others who care about the health of children to speak out about this issue by sending a simple email to the Commonwealth Minister for Health, calling for tighter restrictions on television advertising of junk food to children. Visit www.burgercorp.com.au and tell Minister Roxon that you, like 9 out of 10 parents, support a ban on advertising of unhealthy foods when children are watching television.



The Murray Mallee Community Legal Service is a free legal service offering information, advice and education to people living in the Murray Mallee.

We provide straight forward legal advice and empower people so that they can find ways of resolving their own legal problems.

The majority of our clients are low income, on a pension or benefit, have a disability or come from a non English speaking background.

The Murray Mallee Community Legal Service provides services in Mildura and outreaches on a fortnightly basis to Dareton, and monthly basis to Robinvale and Swan Hill.

The week commencing 11th May 2009 is Law Week in New South Wales. Law Week is an event designed to educate the public about our legal system.

It is aimed at increasing community awareness about their legal rights and responsibilities

It seeks to demystify the law and make people aware of what services are available.

If you would like any further information or would like to make an appointment please telephone us on 1800 243 002.

Mallee Family Care is starting a new E-Mentoring program.

E-mentoring is a relatively new approach to mentoring which delivers all the outcomes of the more traditional 'face-to-face' mentoring but uses the internet to facilitate the relationship through emails or chat sites.

The E-Mentoring program is an initiative of Mallee Family Care's newly formed Community Development Unit, and they are on the lookout for volunteer mentors.

As an 'E' mentor, you would provide secondary students support and encouragement to continue their education, look to further study and/or training and give them practical advice and knowledge on how to achieve their career goals.

For more information please contact the program coordinator, Mick Lowes on

5021 7480 or 5021 7476

mlowes@malleefamilycare.com.au

Family Wellness Program

Family Wellness is a dynamic new group designed to assist and support parents and families to develop practical skills, find healthier solutions and share problem solving strategies for common family difficulties.

Family Wellness consists of six 'stand alone' sessions making this group flexible in the way in which it can be delivered to families. Over the six weeks, the program will deliver information and strategies in the following topics:

- Parents in Healthy Families
- Children in Healthy Families
- Couples in Healthy Families
- As Children Grow: Change in Healthy Families
- Solving Family Problems
- Drugs, Sex and You

All sessions will be held on six consecutive weeks. Presented by Mildura's Family Services Team, Family Wellness promises to be a fresh, innovative way in which families can work toward positive change and have some fun in doing it.

Please contact Centrecare for more information on 50220470.